CONTRACT FOR SERVICES

TO CLIENTS OF REFLEXOLOGY:

You need to know that:

1. I am NOT a doctor.
2. I do not practice medicine.
3. I do not diagnose or treat for a specific illness.
4. I do not prescribe or adjust medication.
5. Reflexology is not a substitute for medical treatment, but may be a complement to most types of therapy.

What is reflexology?

Reflexology is a method of manual techniques, such as thumb and finger-walking, hook and backup, and rotating-on-a-point applied to specific reflex areas involving reflex maps resembling the human body found predominantly on the feet and hands. The techniques applied stimulate the complex neural pathways linking body systems and supporting the body's efforts to function optimally.

What does reflexology do?

1. Reflexology promotes stress reduction throughout the entire body, bringing about relaxation.
2. Reflexology naturally promotes balance and normalization of the body though the relaxation process.
3. Reflexology stimulates circulation and the delivery of oxygen and nutrients to the cells.

By signing this form, I agree to a reflexology session. I understand I may discontinue a session or series of sessions at any time. If I have been diagnosed by a licensed health care professional as having any disease, injury, or other physical or mental condition, I understand that I should inform the person who made the diagnosis about the sessions I will be receiving, and whether or not I intend to discontinue any treatment or therapy which had been previously ordered, prescribed or recommended by a licensed health professional. I understand that by discontinuing any such treatment or therapy I assume responsibility for any negative outcome resulting from discontinuing that treatment or therapy.

Signature _____ Date_____

Print Name _____

REFLEXOLOGY IS NOT A SUBSTITUTE FOR MEDICAL CARE. IF YOU ARE EXPERIENCING ANY SPECIFIC MEDICAL PROBLEM AND HAVE NOT SEEN YOUR MEDICAL DOCTOR, I RECOMMEND YOU DO SO TODAY.

Integrative Reflexology Healing
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